



Department of Psychiatry Grand Rounds

OCTOBER 24, 2025

12-1 p.m.

Livestream Presentation

"Self-Organizing Biopsychosocial Resilience & Psychotherapy Integration"

David Pincus, Ph.D.

*Professor of Psychology
Crean College of Health & Behavioral Sciences
Chapman University*

**Upon completion of this activity,
participants should be able to:**

Define structural integrity & flexibility in biopsychosocial networks that are assessed in standard mental health interventions.

Assess and apply knowledge of integrity & flexibility in patient-centered psychiatric case conceptualization & treatment planning.

Apply knowledge about integrity & flexibility to the selection of a broader range of therapeutic strategies across the various "schools."

Discuss with patients in everyday practice the mechanisms of healing & resilience-building in psychiatric treatment to better manage therapeutic alliance, patient engagement, & motivation for change.

**This presentation will be given in-person
at UF Psychiatric Hospital (Vista), Room
1901.**

**In-person watch parties will be held at
the McKnight Brain Institute, L4-101 and
AOPC, Room 3242.**

**Virtual links available via Livestream or
Zoom.**

DISCLOSURE

Dr. Pincus has disclosed that he has no relevant financial relationships. No one else in a position to control content has any financial relationships to disclose. Conflict of interest information for the CME Advisory Committee members can be found on the following website:
<https://cme.ufl.edu/disclosure/>.

All relevant financial relationships have been mitigated.

ACCREDITATION

The University of Florida College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT

The University of Florida College of Medicine designates this live activity for a maximum of *1 AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

In order to receive credit, anyone watching the live streaming presentation must submit their evaluation by the end of the business day of the lecture to nancy.boyd@ufl.edu.

This program has been approved for 1.0 clinical hours of continuing education for clinical social workers, mental health counselors, and marriage & family therapists by Shands at the University of Florida, Patient and Family Resources, BAP-7. **CEU credits for LCSW, LMHC, LMFT licensed ONLY IN FLORIDA. Certification of completion provided to all participants regardless of state.**